COMMUNITY

Page 2 – SDBA Launches 2nd-Floor Residential Grants to Create More Affordable Housing

EL CENTRAL HISPANIC NEWS

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SPORTS

Pages 10 – Titans Takedown Golden Grizzlies !!!

Detroit llevará a cabo la creación de 200 murales en los vecindarios de toda la Ciudad, a fin de convertirse en la Principal Ciudad del Arte Callejero de Estados Unidos

La Oficina de Artes, Cultura y Emprendimiento de la Ciudad (Detroit ACE) encomendará la creación de 200 murales a artistas jóvenes de toda la ciudad, como parte de una iniciativa comunitaria para honrar a los héroes y la historia del vecindario.

Impulsada por el Fondo de Arte Público y las fundaciones Ford y Kresge y en asociación con el Departamento de Vecindarios, la iniciativa, Honoring History (Honrando la Historia): Contando las Historias de Nuestro Vecindario, será dirigida por el Dr. Hubert Massey, muralista de renombre nacional cuyo trabajo vive a través de Detroit.

El Dr. Massey y Detroit ACE se acercarán a artistas jóvenes y clubes locales para crear juntos 200 murales íntimos que reflejarán la pasión, la cultura y la historia de algunas de las áreas residenciales más antiguas, que reflejen el orgullo de la ciudad. Los murales se dispondrán a lo largo de las aceras de la ciudad y en lugares sagrados para los residentes.

"La importancia de este esfuerzo es que destaca que Detroit, es un destino para caminar y andar en bicicleta", dijo el Dr. Massey. "Detroit es la Meca de los Murales. Es simplemente una buena manera de mostrar el arte y la cultura, para que la gente venga a ver esta gran ciudad. Nuestros murales se encuentran en las comunidades de las afueras y del centro de la ciudad. Esto simplemente abre una puerta de entrada a la excelencia artística y cultural de la ciudad de Detroit".

"Detroit está ganando notoriedad nacional, por sus hermosos Murales Públicos y esta nueva asociación incrementará el éxito… A medida que nuestra ciudad va pasando de la ruina a la belleza, tenemos la suerte de contar con un muralista del calibre del Dr. Massey, para guiarnos en este esfuerzo de 200 obras más" Señaló el alcalde Mike Duggan.

Continúa en la pág.3

City of Detroit to commission 200 murals in neighborhoods across the city in quest to become America's top street art city

Several murals by local artist Freddy Diaz (pictured above) are already featured on the City's Mural Map and many more from our community still need to be added to the site

The City's Office of Arts, Culture and Entrepreneurship (Detroit ACE) is commissioning 200 murals by young artists across the city in a community-wide initiative to help residents honor neighborhood heroes and history.

Powered by the Public Art Fund and the Ford and Kresge foundations and in partnership with the Department of Neighborhoods, the initiative, Honoring History: Telling the Stories of Our Neighborhoods, will be led by Dr. Hubert Massey, the nationally renowned muralist whose work lives across Detroit.

Dr. Massey and ACE will reach out to young artists and block clubs to jointly create 200 intimate murals that will reflect the passion and culture and history of some of the city's proud, longstanding residential areas. The murals will live along the city's thoroughfares and in places sacred to residents.

"What's important about this effort is that it makes clear that Detroit is a walkable destination and a bike-able destination," Dr. Massey said. "Detroit is the mecca for mural expeditions. It's just a good way of showcasing arts and culture and for people to come and see this great city. Our murals are in the small communities outside downtown and downtown. This just opens up a gateway to the city of Detroit's arts and culture excellence."

cont on pg.3

Nonprofits encouraged to apply for $35M fund to help more Michiganders make ends meet

MI Nonprofit Relief Fund supports small charitable nonprofits facing hardships due to the COVID-19 pandemic

MI Nonprofit Relief Fund

Giving back to those who give.

LANSING, Mich. – Michigan's nonprofits who are struggling with the negative impacts and hardships of the COVID-19 pandemic can now take the first step to receive much needed funding from the $35 million MI Nonprofit Relief Fund for serving their hard-hit communities.

The Michigan Nonprofit Association (MNA) and the Michigan Department of Labor and Economic Opportunity (LEO) recently announced the launch of the "intent to apply" phase for the relief fund, which is focused on assisting small charitable nonprofit organizations. Nonprofits can fill out the intent to apply at MiNonprofitRelief.org. MNA membership is not required to apply.

The bipartisan relief program was signed by Gov. Gretchen Whitmer as part of FY23 budget and program funding comes from the federal Coronavirus Relief Funds awarded to the State of Michigan as part of the American Rescue Plan Act (ARPA). The relief fund, designed for small nonprofits, is part of a two-part grant program.

cont on pg.3

Elizabeth Valdez Presented with the Spirit of Detroit Award

During the formal session of the Detroit City Council on Wednesday, February 15, 2023, City Councilmember Gabriela Santiago-Romero presented Elizabeth Valdez, known affectionately as Ms. Liz and Mama Liz, with a Spirit of Detroit Award. In her prepared remarks, the Councilmember said, "Ms. Liz is a vital member of the District 6 community, working constantly to better the lives of Detroiters in any and every way she can. Whether it's distributing school supplies at Back To School events, rallying volunteers for Halloween Trunk or Treat, providing families with resources to celebrate the holidays, coordinating or hosting Easter Egg Hunts at the park they helped to clean up and reactivate, she is there at the helm, ensuring things get done.

"Through her organization Detroit Southwest Pride, Ms. Liz has also initiated Stop The Violence marches, civilian safety radio patrols, and acts as a sounding board for community needs, connecting neighbors and needful community members with resources at every turn.

"And to the next generation of community leaders, she has served as an exemplary role model, as someone who carries with them a strong spirit of compassion, kindness, and generosity for all, and especially those who most need it."

In accepting the award, Ms. Valdez said, I'm thankful for being here today. I encourage everyone to get involved and set an example for our kids that are coming up. They need encouragement. They need to be shown compassion and love and giving without judgement." She concluded her remarks by saying "I'm just happy to do what I do to help the community."

Liz Valdez, left, is congratulated by Councilmember Gabriela Santiago-Romero after receiving the Spirit of Detroit Award

Additional photos on pg.6

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2 **Community** Southwest Detroit Business Association Launches 2nd-Floor Residential Grants to Create More Affordable Housing

4 **Especial Culturas Del Mundo** Parklets

6 **Community** Attorney General Nessel Shares Resources for Residents Following a Tragedy

8 **Entertainment** La astronauta Katya Echazarreta invita a las niñas latinas a ver 'Ant-Man and the Wasp: Quantumania'

10 **Sports** Titans Takedown Golden Grizzlies !!!

13 **Opinion** "We Will Vote By God!"

13 **Jobs/ Trabajos**

Southwest Detroit Business Association Launches 2nd-Floor Residential Grants to Create More Affordable Housing

In collaboration with the City of Detroit Housing & Revitalization Department (HRD), the Southwest Detroit Business Association (SDBA) have announced the start of its Second-Floor Residential Grant Program, which aims to convert vacant, second-floor space above commercial spaces into affordable apartment units in Southwest Detroit.

The program, which will reimburse property owners up to $10,000 for performing eligible improvements on their unused second-floor apartments, is expected to result in 24 new affordable housing units. Property owners can apply now until 5 p.m. March 31.

"At the City of Detroit, we are always looking for ways to create affordable housing and opportunities for Detroiters," said Julie Schneider, director of HRD. "This great program does both, by converting unused space into affordable places for Detroiters to live, reinvigorating our commercial corridors and helping to stabilize income for local property owners."

The funding allocated by the City of Detroit is part of the $203 million housing plan announced in July by Mayor Mike Duggan and City Council members as part of an effort to increase the number of code-compliant, naturally occurring affordable rental housing units.

Eligible properties must have unused second-floor apartments located above ground-floor commercial space. They also must be located within the geographic boundaries of West Vernor Highway from Woodmere to 15th Street; Springwells Street from West Vernor to the West Fisher Service Drive; Junction from Michigan Avenue to Konkel Street; and Bagley Avenue from the West Fisher Service Drive to 25th Street.

Anticipated rental rates for apartments are $780-$1,250, making them affordable to residents earning between 50 percent and 80 percent of area median income. More information can be found at www.southwestdetroit.com.

In 2016, the SDBA surveyed local business owners and identified more than 80 buildings with vacant second floors that are located within the West Vernor & Springwells Business Improvement District (BID). As a result, the SDBA implemented a publicly funded pilot with funding from the Kresge Foundation to incentivize commercial property owners to renovate their vacant second floors into affordable apartments.

The successful pilot demonstrated the feasibility of such conversions and further demonstrated how second-floor residential units provide a more active business corridor. The 12 new rental apartments increased the living options for residents, generated more foot traffic in the area, and spurred economic development along the commercial corridor. The program also created new revenue streams for local property owners, providing financial stability as neighborhood retail markets were disrupted by the COVID pandemic.

"We are excited for our continued partnership with the City of Detroit, bringing economic development opportunities to Southwest Detroit and simultaneously increasing access to safe and affordable housing for Detroit residents," said SDBA Vice President of Programs and Compliance Laura Chavez-Wazeerud-Din.

For more information about the Second-Floor Residential Program, contact SDBA Real Estate Advocate Greg Mangan at 313-283-6533.

This building at 2046 Springwells St. in Southwest Detroit had thriving retail but its second-floor apartments were vacant. Thanks to a pilot program those apartments are now affordable housing.

Nonprofits encouraged to apply

Con't from pg. 1

An additional $15 million in grants will be available to larger nonprofits later this year.

"Michigan's nonprofits uplift communities, create jobs, and make a real difference in people's lives," said Gov. Whitmer. "The Michigan Nonprofit Relief Fund will ensure eligible nonprofits have the resources they need to continue providing critical services that lift Michiganders out of poverty and support regions across our state. We are committed to building a brighter future for Michigan by removing barriers to economic prosperity and ensuring residents can thrive."

MNA and LEO have partnered to design the grant program and select grantees as well as manage the application portal and award payments. To be eligible for this funding, organizations must be a Michigan-based, 501(c)(3) nonprofit or a fiscally sponsored project by a 501(c)(3).

"These relief funds, which MNA tirelessly advocated for on behalf of Michigan nonprofits, are a lifeline for those who are most in need across the state," said MNA President and CEO Kelley Kuhn. "We will continue to advocate for nonprofits, while also ensuring that the program is consistent with federal and state requirements."

"LEO is excited to partner with the MNA to strengthen Michigan's nonprofit ecosystem and deliver on our mission to close equity gaps within the state," said Susan Corbin, Director of the Michigan Department of Labor and Economic Opportunity. "We will prioritize partnerships with nonprofits who share the state's commitment to educating Michiganders, providing services to lift residents out of poverty and removing barriers to employment and economic prosperity."

The $35 million MI Nonprofit Relief Fund, which is being administered by MNA, is designed to provide aid and recovery to nonprofits with annual revenues of less than $1 million that can demonstrate necessary expenditures and/or losses incurred after March 3, 2021 due to the COVID-19 pandemic. Small nonprofits could receive one-time grant funds from $5,000 to $25,000 in Spring/Summer 2023 to continue or expand their services to areas hit the hardest by COVID-19 and to populations that are underserved and underrepresented. The impact of the ongoing pandemic has been particularly hard on nonprofits located in rural areas and those led by, and serving, Black, Indigenous and People of Color (BIPOC) communities.

"The number of individuals/families being served is higher than pre-pandemic at some organizations and nearing the level at the height of the pandemic," said Shannon Blackmon-Gardner, Vice President of Community Impact, Heart of West Michigan United Way. "As Michiganders are feeling the impact of inflation on food prices and other household essentials, the MNA is taking action to address disparities and inequities that exist in certain regions of our state. I encourage all nonprofits to apply for the relief program."

The initial "intent to apply" short online form is estimated to take no more than 10 minutes to complete and includes basic yes-or-no questions to assess the nonprofit's needs. The second phase of the application process for small nonprofits, estimated to launch March 22, will be a more detailed application.

An additional $15 million MI Nonprofit Impact Grant program will be administered by LEO and is designed for larger nonprofits to support programs that lift people out of poverty and above the ALICE (Asset Limited Income Constrained, Employed) threshold. This program is expected to launch in Spring 2023.

For further information, go to MiNonprofitRelief.org or email relieffund@mnaonline.org.

This project is being supported, in whole or in part, by federal award number SLFRP0127 awarded to the Michigan Department of Labor and Economic Development by the U.S. Department of the Treasury.

Michigan Department of Labor and Economic Opportunity (LEO) provides the connections, expertise and innovative solutions to drive continued business growth, build vibrant communities, create affordable housing, generate tourism and attract and retain key talent to fill Michigan's vast pipeline of opportunities. For more information about LEO, please visit www.michigan.gov/LEO.

Michigan Nonprofit Association is a 501 c (3) founded in 1990 to serve the nonprofit sector through advocacy, training and resources. MNA is a statewide membership organization dedicated to promoting and supporting anti-racism and social justice in the nonprofit sector. For more information, visit www.mnaonline.org.

200 Murals

Con't from pg. 1

"Detroit is gaining a national reputation for its beautiful public murals and this new partnership is going to build on that success," said Mayor Mike Duggan. "As our city transitions from blight into beauty, we are fortunate to have a muralist the caliber to Dr. Massey to help guide this new effort to bring 200

The effort is part of Detroit Mural City, an initiative launched last year under Mayor Mike Duggan's Blight to Beauty campaign. Detroit Mural City features a Mural Map online that will eventually showcase every mural in the city and an app that lets users identify murals on site. Nearly 500 murals live on the map now and can be seen at detroitartsandculture.com

In August, USA Today readers and a panel of experts named Detroit the 4th best city for creative murals in the country.

Rochelle Riley, Director of Arts and Culture for the city, said, the goal is to become No. 1.

Riley debuted the pledge to become No. 1 on WDIV Local 4's "Flashpoint" with the release of this video challenge: https://youtu.be/7dkCgdXzaEs. And she will discuss the initiative in a March presentation at SXSW (South by Southwest), the premiere global conference and series of festivals that celebrate the convergence of tech, film, music, education and culture.

Detroit ACE and Dr. Massey will issue the open call in March for artists in the largest arts entrepreneurship program in city history.

This summer, Detroit ACE also will begin featuring monthly tours of the City's murals. On a pilot tour last fall, funders and the media visited 10 major murals. On two stops, Artists Waleed Johnson and Ijania Cortez gave a personal mini lecture on their beautiful work.

Any artists interested in joining the Detroit Mural City campaign should send an email to detroitace@detroitmi.gov.

Any businesses, large or small, or property owners interested in murals on their buildings anywhere in the city should call Riley at 313 480 5265 or send an email to Rochelle.riley@detroitmi.gov.

The Detroit Office of Arts, Culture and Entrepreneurship oversees the city's investment in its creative economy, supports the city's creative workforce and uses arts and culture as catalysts for neighborhood growth and youth education. Detroit ACE is currently activating arts alleys across the city and promoting Detroit Mural City, the initiative to document every mural in the city and make Detroit the No 1 city in the country in producing beautiful street art and a destination for mural tours.

Con't de pg. 1

El esfuerzo es parte de Detroit Mural City, una iniciativa lanzada el año pasado bajo la campaña Blight to Beauty (Una Plaga de Belleza) del alcalde Mike Duggan. El cual presenta un Mapa de Murales en línea que eventualmente mostrará todos los murales de la ciudad y una Aplicación móvil que les permite a los usuarios identificarlos en el sitio. Actualmente hay alrededor de 500 murales en el mapa y están disponibles en detroitartsandculture.com

En agosto, los lectores de USA Today y un panel de expertos, nombraron a Detroit como la cuarta Mejor Ciudad de Murales Creativos del país. Rochelle Riley, directora de Arte y Cultura de la ciudad, comunicó que el objetivo es ser la Número 1.

Riley se comprometió a convertirse en la Ciudad número 1 en el "Flashpoint" del noticiero WDIV Local 4 con el lanzamiento del video: https://youtu.be/7dkCgdXzaEs. La directora hablará en marzo, sobre la iniciativa en SXSW (South by Southwest), la principal conferencia mundial y una serie de festivales que celebran la convergencia de la tecnología, el cine, la música, la educación y la cultura.

Detroit ACE y el Dr. Massey, emitirán la convocatoria abierta en marzo para que los artistas puedan participar en el Programa de Emprendimiento Artístico más grande en la historia de la ciudad.

Este verano, Detroit ACE comenzará a ofrecer recorridos mensuales por los murales de la ciudad. En una gira piloto el otoño pasado, los patrocinadores y los medios de comunicación visitaron 10 murales importantes. En dos lugares, los artistas Waleed Johnson e Ijania Cortez dieron una mini conferencia personal sobre su hermoso trabajo.

Cualquier artista interesado en unirse a la campaña Detroit Mural City, debe enviar un correo electrónico a detroitace@detroitmi.gov.

Empresas grandes o pequeñas, o propietarios interesados en tener en murales en sus edificios, de cualquier parte de la ciudad puede comunicarse con la Directora Riley al 313 480 5265 o enviar un correo electrónico a Rochelle.riley@detroitmi.gov.

La Oficina de Artes, Cultura y Emprendimiento de Detroit supervisa la inversión de la ciudad en su economía creativa, apoya la fuerza laboral creativa de la ciudad y utiliza las artes y la cultura como catalizadores para el crecimiento y la educación de los jóvenes. Actualmente, Detroit ACE está activando callejones artísticos en toda la ciudad y promoviendo Detroit Mural City, la iniciativa para documentar cada mural de la ciudad y convertir a Detroit en la ciudad número 1 del país en la producción de arte callejero y un destino para hacer recorridos de murales.

Photo on left: Detroit ACE, in partnership with renowned muralist Dr. Hubert Massey and the Department of Neighborhoods, announced Friday that Massey will train young artists to create 200 murals in a city-wide initiative to honor the history and culture of Detroit neighborhoods. The team will begin community engagement in late March. Any neighborhood or young artist interested in the program should email DetroitAce@detroitmi.gov.

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SPECIAL, WORLD'S CULTURES
Parklets

Parklets

In the last twenty years, international initiatives regarding public policies within large cities have been betting on the recovery of spaces that were assigned for the automobile, being reappropriated for recreation, pedestrians, cyclists, taking unexpected turns. , displacing the cars. In 2010 in the city of San Francisco, CA; Parklets emerge, combining the word Parking (parking) with Palet (flooring). The project exchanged parking spaces on public roads for recreation areas. Having as main characteristic that they are installed with recycled materials such as wooden pallets or metal structures such as containers, which makes them removable spaces; and therefore

an accessible, replicable public policy, as well as easy to implement due to its low budget. However, like any project, it was refined until it was possible to establish a series of criteria to follow with respect to the relationship with the sidewalks, the adjoining parking spaces, their accessibility; in general terms its integration into the environment. The parklets have led to a great variety of manifestations, from terraces that expand the restaurant areas, areas solely for recreation such as benches, chairs and tables, gardens and collective orchards, art installations, bicycle parking, among other ways that communicate citizens that the city is not for the automobile, but for non-motorized users. Parklets are currently projects that have been replicated in cities and states not only in the United States, such as: Detroit, Chicago, New York, San

Francisco, Los Angeles, Washington, Alexandria; but also in other parts of the world such as England, Mexico. Parlets today not only bring life outside, onto the streets, as they also communicate the preponderance of non-motorized users of cities. Some of the parlets projects are obvious

practical and suitable participations for restaurant terraces. Others are innovations and projects to bring art and culture to the streets. In the Detroit Metropolitan Area, we find more and more restaurants extending their terraces across parklets, even in winter.

The implementation of this type of project has been very easy and convenient not only for governments, but, above all, for civil society and businesses. There are the MoGo Detroit public bikes that are also incorporated into the streets and sidewalks.

Detroit is a city recognized internationally for its uniqueness, from being the capital of the automobile to being a city with large urban greenhouses and projects of artist communities that collaborate to awaken and explore creativity in the territory of the city.

Alejandro Lepe y Mariana Ayón RV

Diles que lo viste en *EL CENTRAL*
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ESPECIAL CULTURAS DEL MUNDO

Parklets

En los últimos veinte años las iniciativas a nivel internacional con respecto a políticas públicas dentro de las grandes urbes han ido apostando a la recuperación de espacios que fueron asignados para el automóvil, siendo reapropiados para el esparcimiento, los peatones, los ciclistas, dando giros inesperados, desplazando a los autos.

En 2010 en la ciudad de San Francisco, CA; surgen los Parklets, que unen la palabra Parking (estacionamiento) con Palet (tarima). El proyecto canjeaba cajones de estacionamiento de la vía pública por áreas de esparcimiento. Teniendo como característica principal que son instalados con materiales reciclados como los Palets de madera o

estructuras de metal como contenedores, lo que los hace espacios removibles; y por tanto una política pública accesible, replicable, además de fácil de implementar por su bajo presupuesto. No obstante, como todo proyecto se fue afinando hasta lograr establecer una serie de criterios a seguir con respecto a la relación con las banquetas, los cajones de estacionamiento contiguos, su accesibilidad; en términos generales su integración el entorno.

Los parklets han llevado a una gran variedad de manifestaciones, desde terrazas que amplían las áreas de restaurantes, áreas únicamente para el esparcimiento como bancas, sillas y mesas, jardines y huertos colectivos, instalaciones de arte, estacionamientos para bicicletas, entre otras formas que comunican a los ciudadanos que la

Francisco, Los Ángeles, Washington, Alexandria; sino también en otras partes del mundo como Inglaterra, México.

Los parlets actualmente no sólo llevan la vida al exterior, a las calles, puesto que también comunican la preponderancia de los usuarios de las ciudades no motorizados.

Algunos de los parlets projects son evidentes participaciones prácticas y convenientes para terrazas de restaurantes. Otros, son innovaciones y proyectos para llevar el arte y la cultura a las calles.

En el Área Metropolitana de Detroit, encontramos cada vez más restaurantes que extienden sus terrazas a través de parklets, incluso en invierno. La implementación de este tipo de proyectos ha sido muy fácil y conveniente no sólo para los gobiernos, sino, sobre todo, para la sociedad civil y los comercios. Están las MoGo Detroit public bikes que también se incorporan a las calles y banquetas.

Detroit es una ciudad reconocida internacionalmente por su peculiaridad, de ser la capital del automóvil a ser una ciudad con grandes invernaderos urbanos y proyectos de comunidades de artistas que colaboran para el despertar y explorar la creatividad en el territorio de la ciudad.

Alejandro Lepe y Mariana Ayón RV

Espera nuestro Especial Semanal

CULTURAS LATINOAMERICANAS,

by Mariana Ayón RV

Attorney General Nessel Shares Resources for Residents Following a Tragedy

LANSING – In the days and weeks following the tragedy at Michigan State University (MSU), Michigan Attorney General Dana Nessel and Michigan Department of Health and Human Services (MDHHS) Director Elizabeth Hertel encourage you to check in on your mental health.

"The violent attack at MSU last week has shaken us all, and in the aftermath of a tragedy such as this, no one is untouched," said Nessel. "There are many resources available for students and parents alike who may be struggling. Dealing with the grief, shock and trauma after a tragic event can take time, and I encourage anyone impacted to utilize these tools and to take care of themselves."

It is typical for people to experience a variety of emotions following a traumatic event, including "survivor guilt"—feeling bad that you escaped the tragedy while others did not. These feelings can include shock, sorrow, numbness, fear, anger, disillusionment, grief, and more. People may have trouble sleeping, concentrating, eating, or remembering even simple tasks.

"MDHHS joins the Spartan community and Michiganders across the state in extending our condolences to those affected by the events at Michigan State University" said Elizabeth Hertel, MDHHS director. "While no family or community should have to experience this, it is important to take care of the mental health needs of survivors and those impacted by this tragic event. We encourage anyone who was affected by this week's events to use available resources as they navigate grief and process this traumatic event."

There is no "right way" to deal with a tragedy. Here are some tips that may help residents in the aftermath of this week's tragedy:

• **Talk about it.**

Ask for support from people who care about you and who will listen. Michigan has numerous Hotlines available at no cost to help.

o MSU Counseling and Psychiatric Hotline

Crisis Services available 24/7

517-355-8270 – press "1"

o Community Mental Health of Clinton, Eaton and Ingham

Walk-In or Call 24 Hours a Day

517-346-8460 or 800-372-8460

o 988 Suicide and Crisis Lifeline

Chat Online

Call or Text 988

• **Strive for balance.**

When a tragedy occurs, it's easy to become overwhelmed and have a negative or pessimistic outlook. Balance that viewpoint by reminding yourself of people and events that are meaningful and encouraging.

• **Turn it off and take a break.**

Limit the amount of news you take in. While getting the news informs you, being overexposed to it can increase stress.

• **Honor your feelings.**

It is common to have a range of emotions after a traumatic incident.

• **Take care of yourself.**

Engage in healthy behaviors to enhance your ability to cope with excessive stress.

• **Help others or do something productive**.

Locate resources in your community for ways you can help people who have been affected by this incident or have other needs. Please be wary of bad actors who may take advantage of this tragedy for their own financial gain. Learn what to look out for with our Disaster Relief and Charity Scams Alert.

• **Be patient.**

Remember that grief is a long process. Give yourself time to experience your feelings and to recover.

A licensed mental health professional can assist in developing an appropriate strategy for moving forward. It is important to get professional help if you feel like you are unable to function or perform basic activities of daily living.

Additional resources are available to you:

• **Tips for Survivors: Coping With Grief After Community Violence**, visit: https://store.samhsa.gov/sites/default/files/d7/priv/sma14-4888.pdf

• **Tips for College Students: After a Disaster or Other Trauma**, visit: https://store.samhsa.gov/sites/default/files/d7/priv/sma13-4777.pdf

• **Tips for Young Adults: Coping With Mass Violence**, visit: https://store.samhsa.gov/sites/default/files/SAMHSA_Digital_Download/pep22-01-01-006.pdf

• **College Students: Coping after the Recent Shooting**, visit: https://www.nctsn.org/sites/default/files/resources/fact-sheet/college_students_coping_after_the_recent_shooting_formatted.pdf

• **Tips for Survivors: Coping With Anger After a Disaster or Traumatic Event**, visit: https://store.samhsa.gov/sites/default/files/d7/priv/pep19-01-01-002_0.pdf

• **Tips for Survivors of a Disaster or Other Traumatic Event: Managing Stress (English)**, visit: https://store.samhsa.gov/sites/default/files/d7/priv/sma13-4776.pdf

Elizabeth Valdez

Liz Valdez, center, is honored by Detroit City Council with the Spirit of Detroit Award

Liz Valdez acknowledges her Spirit of Detroit Award before the Detroit City Council

Strangers No Longer

Drive Safe Advocacy Day on February 28th

On Tuesday, February 28th SNL will hold a "Drive Safe Advocacy Day" where we will travel to Lansing to meet with our legislators and urge their support of the Drive Safe bills that allow residents to get a drivers license or state ID without regard to immigration status.

To join us, send your name, email and phone number to strangersnolonger11@gmail.com and let us know if you want to ride the bus (see info about the bus below)

So far we have over 130 people coming to Lansing with us on February 28th--but we can always use more! We have appointments with over 65 legislators!

Here is how our Drive Safe Advocacy Day will work:

- We will travel to Lansing by bus or car on Tuesday, February 28th and meet at 9 a.m. at the Capitol complex.
- We will go to our respective appointments in groups and discuss the Drive Safe bills with the legislators or staff.
- We will gather again at the Capitol complex to report out and have lunch together.
- We will then travel home at 3:00 p.m. with a sense of accomplishment!

Ride the Bus with Us!

There will be two pick up/drop off locations:

- The first one will be at Our Mother of Perpetual Help at 13500 Oak Park Blvd. at I-696 and Coolidge at 7:00 a.m.
- The second one will be at the Spencer Rd. exit for Brighton at the Park and Ride Lot at I-96 and US-23 at 7:30a.m.

The bus will leave the Capitol at 3:00 and stop at both pick up locations.

Strangers No Longer is a network of Circles of Support formed in Catholic parishes, congregations and immigrant communities to support our immigrant neighbors and to advocate for a comprehensive and humane immigration policy. Named after a pastoral letter written by our Bishops about immigration, we are motivated by Jesus' call to welcome the stranger - a call that has been echoed by Pope Francis and Church leaders throughout time.

Questions? Email strangersnolonger11@gmail.com

Strangers No Longer

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El Central informs and celebrates Metro Detroit's Hispanic and Latino/a community and Southwest Detroit in particular and supports the professional development of local reporters and photographers who seek to enter the journalism profession.

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Famous Frito Pie

Ingredients

- 1 pound ground beef
- 1 medium onion, chopped
- 2 (15-ounce) cans ranch-style beans
- 1 (9.25-ounce) package Fritos™ corn chips, divided
- 2 (10-ounce) cans enchilada sauce
- 2 cups cheddar cheese, shredded
- green onions, optional, to taste, thinly sliced

Directions

Ready In:
30 minutes

Step 1
Preheat the oven to 350 degrees F.

Step 2 -
Grease a 9x13-inch baking dish.

Step 3 -
In a large skillet, cook the beef and onion over medium heat, while crumbling the meat, until the beef is no longer pink and the onion is tender, about 6-8 minutes.

Step 4 -
Drain the fat from the skillet.

Step 5 -
Stir the beans into the beef mixture and cook until it is heated through.

Step 6 -
Reserve 1 cup of the corn chips for topping.

Step 7 -
Place the remaining corn chips in the prepared baking dish.

Step 8 -
Layer the meat mixture, the enchilada sauce, and the cheese over the chip layer in the baking dish.

Step 9 -
Top the pie with the reserved chips.

Step 10 -
Bake the Frito pie, uncovered, until the cheese has melted, about 15-20 minutes.

Step 11 -
Sprinkle the Frito pie with the green onions and serve.

Breakfast Meatballs

Ingredients

- 3 1/2 ounces bacon
- 1 small onion, very finely diced
- 5 ounces mushrooms, very finely diced
- 1 pound sausage meat
- 1 clove garlic, finely diced
- 3/4 cup breadcrumbs
- 1/4 cup milk
- 2 teaspoons Worcestershire sauce
- 1 tablespoon fresh parsley
- 1 egg
- 1/4 teaspoon salt
- 1/4 teaspoon white pepper

Directions

Ready In:
50 minutes

Step 1
Preheat the oven to 400 degrees F.

Step 2 -
Line a large baking tray with parchment paper.

Step 3 -
In a large pan over low heat, fry the bacon until it is crispy and the fat has rendered down.

Step 4 -
Transfer the bacon to a paper-towel-lined plate and leave the bacon fat in the pan.

Step 5 -
When it is cool enough to touch, finely dice the bacon.

Step 6 -
Increase the heat to medium and add the onion and the mushroom to the bacon fat.

Step 7 -
Fry the veggie mixture until it is very soft and tender.

Step 8 -
Add the garlic to the veggie mixture and fry until it is fragrant, and the veggies have shrunk down and are browned.

Step 9 -
Transfer the veggie mixture to a plate to cool.

Step 10 -
In a large mixing bowl add the breadcrumbs, the milk, and the Worcestershire sauce and mash with a fork until the breadcrumbs absorb the liquid.

Step 11 -
Add the crumbled bacon, the veggie mixture, the parsley, the egg, the salt, and the white pepper to the breadcrumb mixture and mix with a fork until it is fully incorporated.

Step 12 -
Add the sausage to the breadcrumb mixture and mix with your hands to evenly combine.

Step 13 -
Scoop the meatball mixture into tablespoon-sized chunks and space them out evenly onto the prepared baking tray.

Step 14 -
One by one, roll the meat chunks into balls.

Step 15 -
Coat the meatballs with cooking spray and bake until they are deeply golden in color, heated through the center, and have reached an internal temperature of 155 degrees F, about 20 minutes.

Step 16 -
Serve.

Tropical Farm Bread

Ingredients

- 4 cups all-purpose flour
- 3 cups sugar
- 2 teaspoons baking powder
- 1 1/2 teaspoons salt
- 1 teaspoon baking soda
- 4 large eggs, room temperature
- 1 1/2 cups canola oil
- 1 teaspoon coconut extract
- 1 teaspoon rum extract
- 1 teaspoon vanilla extract
- 3 cups zucchini, shredded
- 1 cup canned crushed pineapple, drained
- 1/2 cup walnuts or pecans, chopped

Directions

Ready In:
1 hour and 10 minutes

Step 1
Preheat the oven to 350 degrees F.

Step 2 -
Line the bottoms of three greased and floured 8x4-inch loaf pans with wax paper and then grease the paper.

Step 3 -
In a large bowl, combine the flour, the sugar, the baking powder, the salt, and the baking soda.

Step 4 -
In another bowl, whisk the eggs, the oil, the coconut extract, the rum extract, and the vanilla extract.

Step 5 -
Stir the egg mixture into the flour mixture until it is just moistened.

Step 6 -
Fold the zucchini, the pineapple, and the walnuts into the dough mixture.

Step 7 -
Transfer the batter to the prepared pans and bake until a toothpick inserted in the center comes out clean, about 45-55 minutes.

Step 8 -
Allow the bread to cool in the pans for 10 minutes.

Step 9 -
Transfer the bread from the pans to wire racks to cool, then gently pull the wax paper off.

Step 10 -
Slice and serve.

ENTRETE

¿Cómo logró Ana de Armas triunfar en Hollywood? Salió de Cuba con 200 dólares

Actualmente, Ana de Armas es una de las actrices con mayor ascenso en Hollywood, la meca del cine mundial. No obstante, detrás del éxito de la latina hay una historia de superación y un pasado de carencias en su natal Cuba, país que abandonó con unos cuantos billetes en el bolsillo y un puñado de sueños por hacer sus sueños realidad.

Ana, quien personificó con maestría a Marilyn Monroe en la biopic 'Blonde', hecho que le valió estar nominada a mejor actriz en los recientes premios BAFTA 2023, a cuya alfombra roja arribó este 19 de febrero ataviada con un bello vestido satinado palo de rosa de Louis Vuitton, tiene una inspiradora historia de vida, en la que la tenacidad ha sido clave.

De Armas nació el 30 de abril de 1988 en Cuba, país en el que, pese a pertenecer a una familia de intelectuales de origen español, ella sufrió las carencias propias del régimen. En una pasada entrevista a la 'Mujer Hoy", narró cómo era su niñez, "Se iba la luz. Comíamos huevo frito, arroz y, alguna vez, pollo". Asimismo, recordó que heredaba la ropa de su hermano para ir al colegio.

Su padre, dijo, trabajó en todo lo imaginable, "desde teniente de alcalde de un pueblo, a director de un banco, pasando por profesor, director de escuela... y mi madre siempre se ha dedicado a los recursos humanos. Son gente muy preparada y muy culta", relató.

Fue a los 12 años que Ana de Armas descubrió su vocación por la actuación, al ver la película 'Matilda'; en ese momento, pese a su juventud, la ahora estrella decidió ingresar a la Escuela Nacional de Arte de Cuba.

¿Cómo salió de Cuba Ana de Armas?

A los 16 años, tras su debut en 'Una rosa de Francia', Ana de Armas hizo sus maletas y se decidió a dejar Cuba con solo 200 dólares. En ese momento, le dijo a su madre, "Cuando me quede sin dinero, volveré".

Su arribo a Hollywood no fue directo, pues el boleto de avión que la alejó de la isla tenía como destino España, tierra natal de sus abuelos. Al poco tiempo de llegar, consiguió un papel en la exitosa serie 'El Internado', transmitida de 2007 a 2010. Poco después, se casó con el actor Marc Clotel, de quien se divorció en 2013, hecho que la motivó a viajar a Los Ángeles, para ponerse a estudiar inglés y buscar instalarse a Hollywood, sueño que una década después ha logrado cristalizar y que, es un hecho, seguirá perfeccionando.

Tom Sizemore, actor de 'Saving Private Ryan', está en estado crítico por un aneurisma

A pocos días de que Bruce Willis fue diagnosticado con demencia tras tener afasia, el mundo del espectáculo, de nuevo, está en alerta, ya que se reportó que el actor Tom Sizemore se encuentra en estado crítico en un hospital tras sufrir un aneurisma cerebral.

Por medio de un comunicado, el representante del histrión indicó que Tom estaba en su casa, en Los Ángeles, cuando se puso mal. Lo ocurrido fue en las primeras horas del pasado sábado, la familia y las personas cercanas a él han estado pendientes del actor en su hospitalización.

Hasta el momento, se desconoce qué pudo causarle el accidente cerebrovascular al intérprete de 61 años, quien tuvo una gran fama en la década de 1990, al personificar, principalmente, papeles de acción y de drama. Sizemore es recordado por su participación en la cinta 'Saving Private Ryan'.

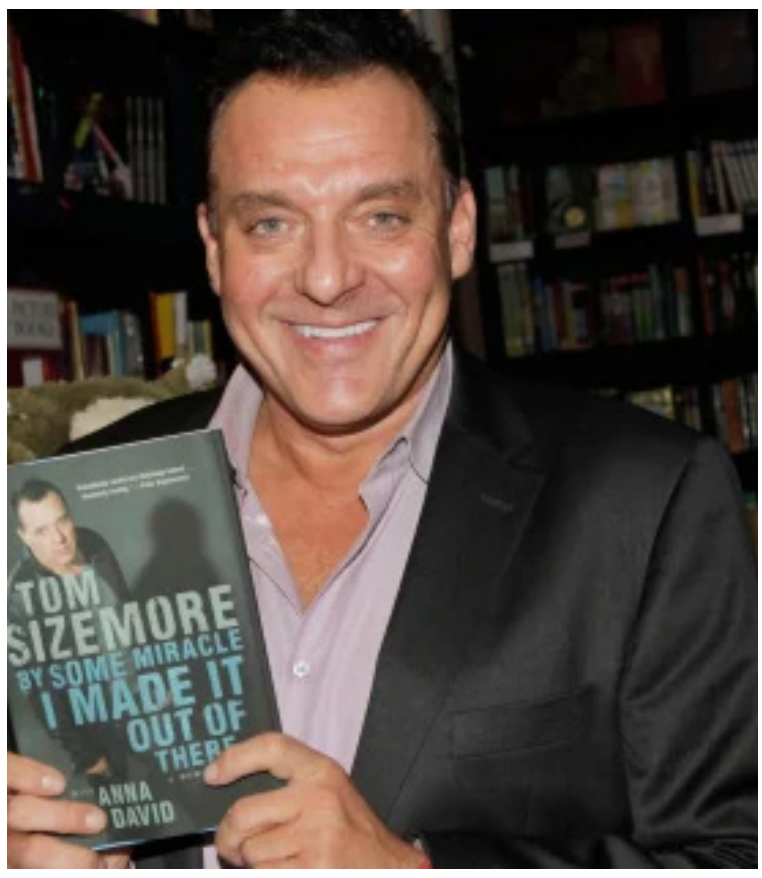
A pesar de que fue un personaje relevante en Hollywood hace tres décadas, los siguientes años fueron sumamente complicados para él, en especial en el terreno personal, pues tuvo que ir una temporada a prisión por ser encontrado culpable de cometer actos de violencia doméstica.

Por otra parte, hace unos años Tom Sizemore dio a conocer que tenía problemas con el uso de estupefacientes, situación que le ha afectó en su desarrollo como actor. Antes de cometer delitos por violencia doméstica, Tom tuvo problemas con las autoridades al falsificar una prueba de orina.

En 2018, una actriz de 26 años presentó una demanda contra Sizemore, alegando que abusó de ella cuando tenía 11 años durante la producción de la película 'Natural Born Killers'. Sizemore lo negó y la demanda fue posteriormente desestimada.

A pesar de que Tom Sizemore ha tenido momentos adversos en su carrera como actor, en 2016 tuvo la oportunidad de regresar a la pantalla chica, al recrear un papel de acción como en el pasado, se incorporó al elenco de la serie 'Shooter', que protagonizó Ryan Phillippe.

Según los Centros de Control y Prevención de Enfermedades (CDC), un aneurisma es una arteria abultada que se vuelve delgada, por lo que se puede romper, causando un sangrado en el cerebro. Los síntomas de un aneurisma roto a menudo incluyen un comienzo repentino de dolores de cabeza severos.



ENTRETENIMIENTO

La astronauta Katya Echazarreta invita a las niñas latinas a ver 'Ant-Man and the Wasp: Quantumania'

Este viernes 17 de febrero era el gran estreno de 'Ant-Man and the Wasp: Quantumania', una película de Marvel con la que Katya Echazarreta, la primera ingeniera electrónica mexicana que viajó a una misión espacial de la NASA, se identifica y recomienda. Mira qué dijo a Telemundo sobre este filme la astronauta, quien relató por qué esta historia es una herramienta de empoderamiento para las niñas latinas.

Nacida en Guadalajara, llegó a Estados Unidos a los 7 años. Hija de un ingeniero, dijo sentirse afortunada por haber estado en contacto con la ciencia desde niña, y recalcó que su gusto por las series y películas comenzó con 'Cosmos' de Carl Sagan, precisando que este show la maravillaba y ella creaba mecánicas a manera de juego en su hogar para abordar los misterios del universo.

Echazarreta mostró su entusiasmo por la inclusión que Marvel ha hecho de personajes femeninos, como America Chavez. Al respecto asentó, que el que esto pase en la pantalla grande es "increíble", pues genera un cambio y un ejemplo para las niñas pequeñas latinas. Acerca del impacto que ello tiene en las nuevas generaciones, Katya dijo:

"Muchas niñas están dándose cuenta de su entorno (…), que hay carreras que se creían para hombres, o que estaban estereotipadas, y se están dando cuenta de que hay mujeres normales haciendo cosas increíbles".

"Creo que el aspecto más importante para las mujeres es darse cuenta de que tienen la capacidad de elección", y resaltó que esa es una herencia invaluable para las niñas pequeñas. Puntualizando, "les quiero decir que muchas generaciones de mujeres fueron forzadas a hacer una cosa en particular (…), y las mujeres del futuro y las chicas de hoy pueden decidir qué tipo de vida pueden elegir".

¿Qué tipo de superpoder quisiera tener Katya Echazarreta?

En la antesala del gran estreno de 'Ant-Man and the Wasp: Quantumania', filme protagonizado, entre otros por Paul Rudd y Evangeline Lilly, la astronauta de la NASA dijo, que si ella pudiera tener un superpoder elegiría "detener el tiempo". Para finalizar, Katya Echazarreta envió este mensaje a las niñas latinas, recordando que para vivir una vida de superheroína en la vida real es necesario saber decidir por sí mismas.

"Quiero que sepan que pueden hacer cualquier, si ustedes quieren. Es importante saber hacer esa elección y ser siempre francas con ustedes, porque la gente siempre tendrá opiniones de qué harían ellos con nuestras vidas", dijo la primera mujer mexicana en viajar al espacio.

Muere Richard Belzer, estrella de 'Law & Order: SUV', a los 78 años

Un día después de que se dio a conocer la muerte del compositor Kyle Jacobs por presunto suicidio, ahora la industria del entretenimiento estadounidense, vuelve a vestir de luto por el fallecimiento de Richard Belzer, estrella del emblemático programa 'Law & Order: SUV'.

Las trágicas noticias dentro de la farándula no dan tregua y la luz de varias estrellas se han extinguido en lo que va de este 2023, por ejemplo, también se dio a conocer la muerte de la actriz Raquel Welch, una sex symbol de la década de los sesenta y setenta.

Así, bajo esta línea lamentable, se informó sobre el fallecimiento de Richard Belzer, quien alcanzó la gran fama internacional con su participación en la serie de 'Law & Order: SUV'. El escritor Bill Scheft, amigo incondicional del actor, informó a 'Hollywood Reporter' que la muerte fue en la madrugada de este domingo 19 de febrero, en su casa de Bozouls, al suroeste de Francia.

Si bien no se ha mencionado cuáles fueron las causas del deceso, Scheft mencionó que su salud se había agravado desde hace un tiempo, aunque sí estaba bajo supervisión médica. "Tenía muchos problemas de salud y sus últimas palabras fueron: 'Vete a la m13rd@, hijo de puta", dijo el escritor a dicho medio.

No obstante, a través de redes sociales, varios artistas y amigos cercanos al actor Richard Belzer acudieron a redes sociales para mandar sus condolencias a la familia afectada y enaltecer la personalidad única del famoso. Por ejemplo, la comediante Laraine Newman, el productor ejecutivo de "SVU", Warren Leight, y la escritora y productora ejecutiva de "SVU", Julie Martin.

¿Quién fue Richard Belzer?

Richard Belzer, falleció a la edad de 78 años, pero tuvo una larga trayectoria como actor y comediante. Durante su juventud trabajó como repartidor de periódicos y luego se convirtió en reporte para el 'Bridgeport Post'.

También hizo varias apariciones en 'Saturday Nigth Live', pues su carrera artística comenzó como comediante, robando miles de risas al público. Pero, años más tarde, se incorporó al elenco de "Law & Order: Special Victims Unit", interpretando a un detective de Nueva York que resolvía casos de crimen.

No obstante, en 2016 se retiró de la actuación, dejando huella en la industria del entretenimiento de Estados Unidos. Descanse en paz, Richard Belzer.

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Titans Takedown Golden Grizzlies !!!

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Sports Editor: Dan Graschuck/ EL CENTRAL

This past week, the University of Detroit Mercy Titans defeated the Oakland University Golden Grizzlies 96-74, at the Athletics Center O'rena. Antoine Davis G #0 for the Titans scored 30 points and supported by A.J. Oliver G #21 for the Titans with 25 points. Jalen Moore G #34 scored a career high 37 points for the Golden Grizzlies, supported by Trey Townsend F #4 with 11 points for the Golden Grizzlies. Currently Titans Antoine Davis career points is 3,543, and extended his 3-point mark to 569. Davis is 124 points behind Pete Maravich's NCAA record of 3,667. After the Saturday game, for the University of Detroit Mercy Titans, the Titans will be retiring Antoine Davis jersey, to mark his incredible records with the Titans, and to mark his final home game. Photos by: Adam J. Dewey

Photos below are highlights from the Titans vs. Golden Grizzlies game

Golden Grizzlies G #34 Jalen Moore making a play while being checked by Titans G #0 Antoine Davis

Titans head coach talks to players during a timeout during the game

Titans G #0 Antoine Davis getting ready to shoot 3-pointer against Golden Grizzlies G #34 Jalen Moore

Titans F #11 Gerald Liddell (had 13 points in the game, and 18 rebounds), passing to F #23 Damezi Anderson while being checked by Golden Grizzlies players

Titans G #1 TJ Moss making a play against Golden Grizzlies player

Titans G #0 Antoine Davis fired up after scoring along with his teammates

US Women Looking For Best Form

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David Levine
EL CENTRAL

After a concerning stretch of games during the fall when they lost three of four to England, Spain, and Germany, the two-time defending Women's World Cup Champions have opened up 2023 with four straight games. They have not conceded any goals during this stretch, including two wins in New Zealand and the first two matches of the She Believes Cup. The She Believes Cup is meant to mimic the group phase of the upcoming World Cup this summer. For the USA, playing games in quick succession against Canada, Japan, and Brazil will be a tougher grouping than what they will face to start the World Cup in July, but having this tournament also lets the team get a feel for the travel and recuperation times between high intensity games.

While the defense hasn't conceded in 2023, the attack has been centered on Mallory Swanson (nee Pugh). She has scored six goals in the four games played in 2023. She put away both the US goals in the 2-0 win over Canada to open the She Believes Cup and added the only goal in the 1-0 win over Japan. While the results closely resemble each other, the way the US achieved those wins couldn't have been more different.

Canada came into this tournament with the cloud of a labor dispute hanging over the entire program. The players, led by superstar Christine Sinclair, started preparations by going on strike and only agreed to play under protest when Soccer Canada threatened to sue them. That did little to mend the fences. The Canadian women have already stated that unless there is a solution they won't turn up for the April international break, putting their World Cup campaign in serious danger. Given that they won the gold medal at the Tokyo Olympics, Canada would normally be seen as a contender to make a deep run in Australia and New Zealand over the summer. A labor dispute leaves a nasty taste behind and there are hard feelings among the players that will take a lot of soothing.

With the Canadians clearly distracted, the US pressed them hard to open the game. Swanson had her two goals by halftime and apart from a late flurry, the US was never in any danger of losing this game. With more ruthless finishing, the result could have been much more one-sided. Vlatko Andonovski may still be searching for his best solutions at nearly every position, but shutting down the gold medal winners shows that the team may be heading in the right direction.

Japan posed a different challenge from Canada. While Canada is a direct team that relies on physicality and hard play, Japan has modeled their game more like Brazil. The Japanese like a quick passing game with plenty of movement off the ball to create spaces. This gave the American midfield a much tougher workout as they had to chase the Japanese when out of possession. To win this game, the US used a direct play, going from back to front in two passes. Alex Morgan sent Swanson in on goal and she used her speed to outrun a Japanese defender before comfortably finishing. The goal came just before halftime. Even though the US had an advantage in time of possession, they only generated four other shots on goal. The total of five was the lowest total since a 2016 win over France at the Rio Olympics.

For the first two games of the She Believes Cup, the American women have shown they have more than one way to win. They pressed Canada into errors and capitalized. With Japan able to break the press, the Americans had to rely on a direct attack and found a way to win. They finish the tournament against Brazil in midweek. This will pose yet another challenge, because the Brazilians may be able to control the ball more than Japan and be more efficient finishing than Canada. The United States will have to find another way to win a game in order to claim the trophy. Having multiple strategies for winning will serve them well when they travel Down Under in July.

Detroit Tigers Begin Spring Training!!!

Photos provided by Detroit Tigers.
Photos taken during training camp at Lakeland this past week

The Detroit Tigers have begun full team practices this week, in preparation of the 2023-2024 season and Spring Training games, in Lakeland, FL.

The Detroit Tigers play their first Spring Training game, this Saturday, February 25th against the Philadelphia Phillies at 1:05 pm.

The Detroit Tigers begin the regular season on the road at Tropicana Field, against the Tampa Bay Rays, on Thursday, March 30th at 3:10 pm. The Detroit Tigers play their Home Opener at Comerica Park, on Thursday, April 6th, as they host the Boston Red Sox at 1:10 pm.

Detroit Tigers Miguel Cabrera looks forward to the start of the 2023-2024 season, and playing in front of his fans, as this looks to be his last season and will be retiring after the season.

Please visit https://www.mlb.com/tigers for tickets and for Cabrera celebration/ Milestone days.

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SE SOLICITAN CONTRATISTAS Y PROVEEDORES DE LA SECCIÓN 3 Y WBE/MBE (Empresas Comerciales de Mujeres o Grupos Minoritarios) PARA SER INCLUÍDOS EN EL PROYECTO DE CONSTRUCCIÓN.

Descripción: El proyecto de construcción de La Joya Gardens, comprende un edificio de 4 pisos, con 53 apartamentos asequibles y a precio de mercado, 4 espacios comerciales y un salón comunitario. Los alcances del proyecto incluyen, pero no se limitan a: concreto, mampostería, acero, carpintería, techado, ventanas/escaparates, puertas y ferretería, paneles de yeso, pisos, instalación de materiales y accesorios especializados, electrodomésticos residenciales, muebles de interior y exterior, elevadores, actividades MEP (Ingeniería Mecánica, Eléctrica y Plomería) /FS, movimiento de tierra y servicios públicos, asfalto, mejoras del sitio, paisajismo y riego.

Este proyecto está sujeto a los requerimientos de **MBE/WBE, Detroit Resident y la Sección 3**.

Para solicitar los documentos de licitación, envíe un correo electrónico a Kaitlin Hodgson a khodgson@obriencc.com

Water & Sewerage Department
CITY OF DETROIT
DWSD
LIFELINE PLAN
Detroit's First Water Affordability Plan
The DWSD Lifeline Plan provides income-eligible enrolled Detroiters up to 4,500 gallons of water (equivalent to 6 CCF) every month at a fixed rate based on their household income.

Water bill debt GETS ERASED! **HOW IT WORKS**
The DWSD Lifeline Plan has three tiers for qualifying households:

$18 Your monthly water, sewer & drainage bill if household income is **at or below 135% of Federal Poverty Level (FPL) or SNAP/FAP**

$43 Your monthly water, sewer & drainage bill if household income is **above 135% of FPL but at or below 150% of FPL**

$56 Your monthly water, sewer & drainage bill if household income is **above 150% of FPL but at or below 200% of FPL**

If water usage exceeds 4,500 gallons (equivalent to 6 CCF) per month, the household will be charged for the additional usage based on DWSD's new inclining block rate structure.

WHO IS ELIGIBLE?

Income-eligible Detroit households include:
- The 2,500 households currently enrolled in WRAP will be auto-enrolled in DWSD'S Lifeline Plan
  - The 19,000-plus households who were previously in WRAP can immediately qualify and will be contacted by Wayne Metropolitan Community Action Agency
- Low-income-eligible households
- Households receiving SNAP/FAP benefits.

Qualifying residents can enroll with Wayne Metro!
CALL 313-386-9727
or scan this code to apply today!
www.WayneMetro.org/DWSDLifeline
Wayne Metropolitan Community Action Agency

EDITORIAL OPINION

"We Will Vote By God!"

By Raoul Lowery Contreras

Florida Governor Ron DeSantis:

"More than 2.1 million Americans are incarcerated in jails and prisons, up from less than 200,000 in 1972, while over 4.6 million more are on probation or parole… African Americans make up about 13 percent of the nation's population, but constitute 28 percent of all arrests, 40 percent of the incarcerated, and 42 percent of those on death row."

Florida, your state, has traditionally treated its substantial Black population badly.

I'm talking about vicious white gangs attacking Blacks for lies the whites believe to be true -- I'm talking about forbidding children's books that outline their group history.

I'm talking about Florida, not the Florida that "noted" white "historian" Victor Davis Hanson regales as the best example of White Anglo-Saxon Protestant social and economic progress and brilliance when he compares to what he refers to as a backward, criminal Mexican state/territory of Baja California.

Baja is the world's longest peninsula with mostly mountains to 11,000 feet altitude and millions of square miles of waterless desert.

Florida, on the other hand, is a peninsula that sits on huge aquifers of fresh water under vast flatlands which themselves have thousands of square miles that blind children could cultivate.

The most egregious traditions, social attitudes and laws these white Americans brought with them was a vicious racism and White Supremacy that still has currency in Florida.

The core of this viciousness was slavery. It was no surprise when Florida attempted to secede from the United States. The Southern White mania for owning Africans was the primary reason to secede. State's rights!

An underlying problem: Florida's university system, public and private, suffers. In Forbes Magazine's top 50 university-ranking we find one Florida university, the University of Florida, closer to #50 than #1. At the same time we find 11 public and private California universities in the top 50 mostly in the top ten including the best, the University of California, Berkeley, #1.

Governor DeSantis, let's talk about your war on education. "Florida is one of 19 states that have passed laws or used executive orders to limit the teaching of critical race (subjects)…"

Here are some suggestions to repair the DeSantis damage.

Suggestion 1: Black Republicans went to the polls in Ocosse, Florida, November 2, 1920, to vote for Republican President, Warren G. Harding. Their motto: "We Will Vote By God!" They were denied. Two came back armed with rifles to force white Democrats to allow them to vote. Shooting began. White men came from all over Florida; they killed over 50 Black men, women and children. Blacks were denied the vote until the 1965 Voting Rights Act.

Suggestion 2: Take every middle and high school student in Florida to see where the town of Rosewood stood populated by mostly Black people until January 1-4 of 1923 when false charges alleged that a Black man raped a white woman. As was usual, enraged white males proceeded to attack and shoot up Black homes. They killed, perhaps, hundreds of Black men, women and children. The State of Florida, under Republican governors, investigated the carnage in recent years and granted reparations to direct descendents of the murdered and their survivors .

Suggestion 3: Tell the people how Park Trammell, Democrat Attorney General and Governor (1913-1917), didn't prosecute anyone for the 50 lynchings of Black men during his tenures as AG and Governor.

Suggestion (4) for you and "quasi" - sort of historian -- Victor Davis Hanson. Educate yourselves and all Floridian about these Florida attacks on Black men, women and Children while Hanson was in college; to wit: 1960, Jacksonville; hundreds of Ku Klux Klansmen armed themselves with ax handles with Confederate flags taped to them and attacked young Blacks trying to sit-in at white-only lunch counters at five and dime stores. 1960.

Suggestion 5: How about an educational video showing every kid in Florida how riots broke out in 1966 (Clearwater) and 1996 (St. Petersburg) when white police officers shot and killed two young Black men, one in the back.

Lastly, Governor DeSantis, how about allowing all children to read about the former U.S. Marine, patriot and fabulous baseball player Puerto Rican Roberto Clemente. In Florida "The pulling of "Roberto Clemente: The Pride of the Pittsburgh Pirates" is part of a national purge of books amid laws forcing schools and libraries to remove literature about people of color."

Opinions in this article are not necessarily those of the Publisher or Editor

Do you have a contrary opinion?
Write us at info@elcentralmedia.com

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Case Administrator Vacancy Announcement

U.S. District Court, Eastern District of Michigan – **Case Administrator Vacancy Announcement at http://www.mied.uscourts.gov**. Be a part of a great team located in Detroit, the **employee performs various functions and assists in maintaining and managing the progression of cases from opening to final disposition. Professional and friendly work environment, great benefits and close to the downtown amenities**. EOE

HOW TO APPLY FOR THE NEIGHBORHOOD BEAUTIFICATION PROGRAM

Funded by the Neighborhood Improvement Fund

WHAT IS THE NEIGHBORHOOD BEAUTIFICATION PROGRAM?

The Neighborhood Beautification Program (NBP) grant provides funding to Detroit-based block clubs, neighborhood associations, nonprofit organizations, and faith-based organizations to carry out a project on up to four vacant lots in their community. **Nonprofit and faith-based organizations must partner with a City-registered block club.**

Applicants must currently own the lots or purchase them from the Detroit Land Bank Authority. Awards range from $500 to $15,000.

STEP 1 APPLICANT ELIGIBILITY

- Must be registered with the Department of Neighborhoods.
- Must be designated as a 501c(3).
- Organizations without a 501c(3) designation can partner with one (see required Partnership Letter).
- To register your block club with the Department of Neighborhoods, visit bit.ly/3yjnBDR.

STEP 2 SELECT YOUR SITE

- If you already own the lot(s), move to Step 3 to apply for the grant.
- If you wish to purchase lots, identify property in your neighborhood on: https://buildingdetroit.org/purchase_property
- To apply to purchase a lot, visit https://bit.ly/3yjnJ6j

STEP 3 DESIGN YOUR PROJECT

- Community gardens:
  - Raised beds for vegetables, flowers, or crops
  - Fruit and shade trees
  - Ornamental gardens
- Public space improvements:
  - Landscaping
  - Benches and tables
  - Art installations
  - Fencing or boulders
- Clean-up activities:
  - Brush clearing
  - Grading and seeding
  - Street/alley clean-ups
  - Graffiti and litter removal

QUESTIONS?

Contact Samuel Coons or Karmel Reeves at Samuel.Coons@detroitmi.gov or Karmel.Reeves@detroitmi.gov.

TO APPLY, VISIT: https://www.waynemetro.org/neighborhood-beautification-grant/

O'BRIEN CONSTRUCTION COMPANY, INC.

ADVERTISEMENT FOR BIDS

General Contractor: O'Brien Construction Company, Inc.
Project: La Joya Gardens

WE ARE CURRENTLY SEEKING SECTION 3 & WBE/MBE CONTRACTORS AND SUPPLIERS FOR INCLUSION IN THIS PROJECT.

Project Description: La Joya Gardens new construction project consisting of a 4 story building with 53 market rate and affordable apartments, 4 commercial spaces and a Community Room. Scopes of work include but are not limited to: concrete, masonry, steel, carpentry, roofing, windows/storefronts, doors & hardware, drywall, flooring, specialties, residential appliances, unit & site furnishings, elevator, MEP/FS trades, earthwork & utilities, asphalt, site improvements, landscaping & irrigation.

This project is subject to MBE/WBE, Detroit Resident, and Section 3 Requirements.

For bidding documents please e-mail Kaitlin Hodgson at khodgson@obriencc.com

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HIRING

Gleaners Detroit is looking for a bilingual (Spanish/English) individual with supervisory experience and excellent customer service skills to operate a Southwest Detroit food pantry.

- $20 - $21 dollars an hour.
- Includes a full-benefit package: eye, dental and health insurance, 401K retirement plan.
- 40 hours/week, full-time position.

Visit www.gcfb.org/careers for a complete position description.

Email your cover letter and resume to Krista Cierpial hr@gcfb.org

Salud/*Health*

How You Can Help Protect Workers and the Environment

(StatePoint) In an effort to better align with consumers' values, many industries have made reforms to reduce their impact on the environment while better protecting workers. However, a new report says that for grocery stores, it's business as usual when it comes to the way they source tuna.

The Tuna Retailer Report from Greenpeace USA, found at www.greenpeace.org, evaluated and graded the 16 largest grocery retailers in the U.S. market, looking at how careful the corporations were in ensuring that their tuna supply chains respected environmental sustainability and human rights standards. The bottom line: none of the retailers received a passing score on human rights issues or is doing enough to combat forced labor and modern slavery.

"We cannot afford slow or incremental progress when talking about these issues – these are people's lives," says Mallika Talwar, senior oceans campaigner at Greenpeace USA, who notes that due to the isolated nature of deep sea fishing, workers are particularly vulnerable to mistreatment.

At the same time, the retailers are making slow but steady improvements in the area of environmental sustainability, with just two of the 16 retailers scoring a passing grade in this category.

Advocates say that U.S. consumers have largely been kept in the dark about these realities and retailers continue to make profits without making changes, but that the $42.2 billion industry can chart a different course.

"America's largest grocery retailers have the economic power to influence change through their sourcing decisions and business practices," says Talwar.

According to Talwar, it's a growing problem. Nearly 6 million metric tons of tuna are removed from the ocean every year, an amount that has increased 1000% in six decades, according to researchers from the University of British Columbia and the University of Western Australia. In 2018 alone, tuna vessels worldwide netted $11 billion, while grocery stores earned almost four times that amount from their sales of tuna products in the same year.

"We need at least one retailer to step forward and lead the way on human rights in the tuna industry. One company could be all that's needed to start a trend that would make a huge difference in the lives of thousands of workers around the world," says Marilu Cristina Flores, senior oceans campaigner, Greenpeace USA. "Consumers can also play a role in increasing visibility of these issues. As they've done with clothing manufacturers and other economic sectors, they can press their retailers to source their tuna responsibly."

6 cosas a tener en cuenta si no puede pagar el alquiler este mes

(StatePoint) El alquiler nacional promedio superó los $2,000 por primera vez en 2022, lo que ha hecho que mantenerse al día con los pagos de alquiler sea un desafío para millones de personas en todo Estados Unidos. De hecho, una encuesta reciente de Freddie Mac determinó que el 70% de los inquilinos están preocupados por hacer su pago de alquiler a corto plazo.

Si usted está entre los que luchan por pagar el alquiler, hay buenas noticias: existen muchos recursos para ayudar a los inquilinos a permanecer en sus hogares.

Aquí hay seis acciones que puede emprender para ayudarle a mantenerse en su alquiler:

1. Comuníquese con su arrendador. Si sabe que no podrá pagar su alquiler, comuníquese con su arrendador por escrito para explicarle su situación. Su arrendador podría ofrecerle opciones tales como cambiar la fecha de vencimiento del alquiler cada mes, reducir los pagos de alquiler o establecer un plan de pago.

2. Plantéese apartamentos más asequibles. Encontrar un apartamento menos costoso puede ser la solución correcta si prevé que va a tener problemas constantes para pagar su alquiler. Sin embargo, con los alquileres en aumento en todas partes, esto puede ser un desafío. Al comenzar su búsqueda, recuerde tener en cuenta las tarifas y gastos de mudanza en los que pueda incurrir. Mudarse dentro de su edificio o a otra propiedad administrada por la misma compañía puede ser una forma de evitar las tarifas de nuevo contrato.

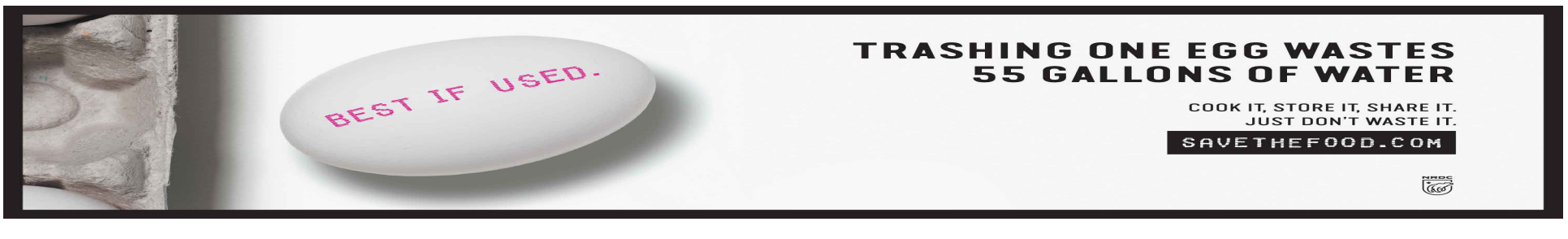
3. Consiga a un compañero de apartamento. Si tiene el espacio, conseguir a un compañero de apartamento puede reducir significativamente su alquiler mensual y gastos de servicios públicos. Asegúrese de seguir los términos de su contrato de arrendamiento al agregar un compañero a cualquier apartamento. Esto podría incluir que firmen un contrato de arrendamiento formal.

4. Acceda a asistencia de alquiler a corto plazo. Las autoridades locales de vivienda y algunas organizaciones nacionales disponen de fondos de alivio del alquiler a corto plazo que usted puede solicitar para ayudar a cubrir el costo del alquiler mientras se recupera. La Oficina de Protección Financiera del Consumidor (CFPB, por sus siglas en inglés) tiene una lista de programas de asistencia para inquilinos.

5. Comprenda las protecciones contra el desahucio. Esté al tanto de las protecciones contra el desahucio para las que usted es elegible en caso de que no pueda pagar el alquiler. La CFPB tiene una lista de estados con protecciones en vigor que impiden que los propietarios desalojen a los inquilinos por no pagar el alquiler.

6. Trabaje con una organización de recursos para inquilinos. Hay muchas organizaciones de recursos para inquilinos sin fines de lucro en todo el país que pueden ayudarle si enfrenta un desafío relacionado con su vivienda. Estas entidades ofrecen servicios y recursos para ayudarle a conservar su vivienda, lo que incluye la prevención del desahucio y la mediación entre propietarios e inquilinos. También pueden ayudarle a encontrar una vivienda alternativa y brindarle asesoramiento sobre planificación financiera. Los servicios ofrecidos pueden variar según el proveedor. Para encontrar una organización que pueda ayudarle con su situación, comuníquese a la línea directa para inquilinos de Freddie Mac al 800-404-3097.

Para obtener más información sobre alquileres, incluidos los recursos para ayudarle a determinar cuánto puede permitirse, visite My Home by Freddie Mac en myhome.freddiemac.com.



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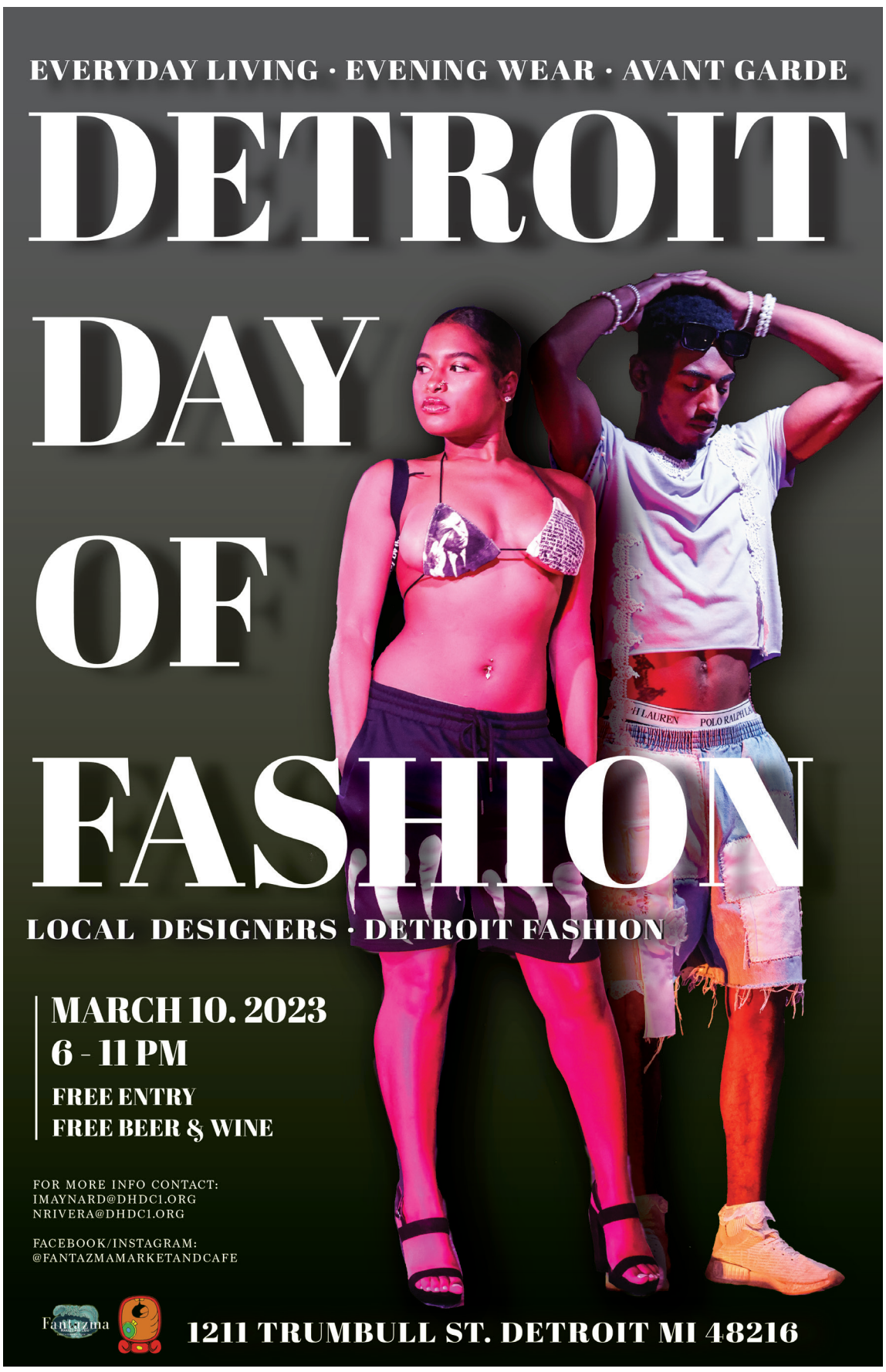
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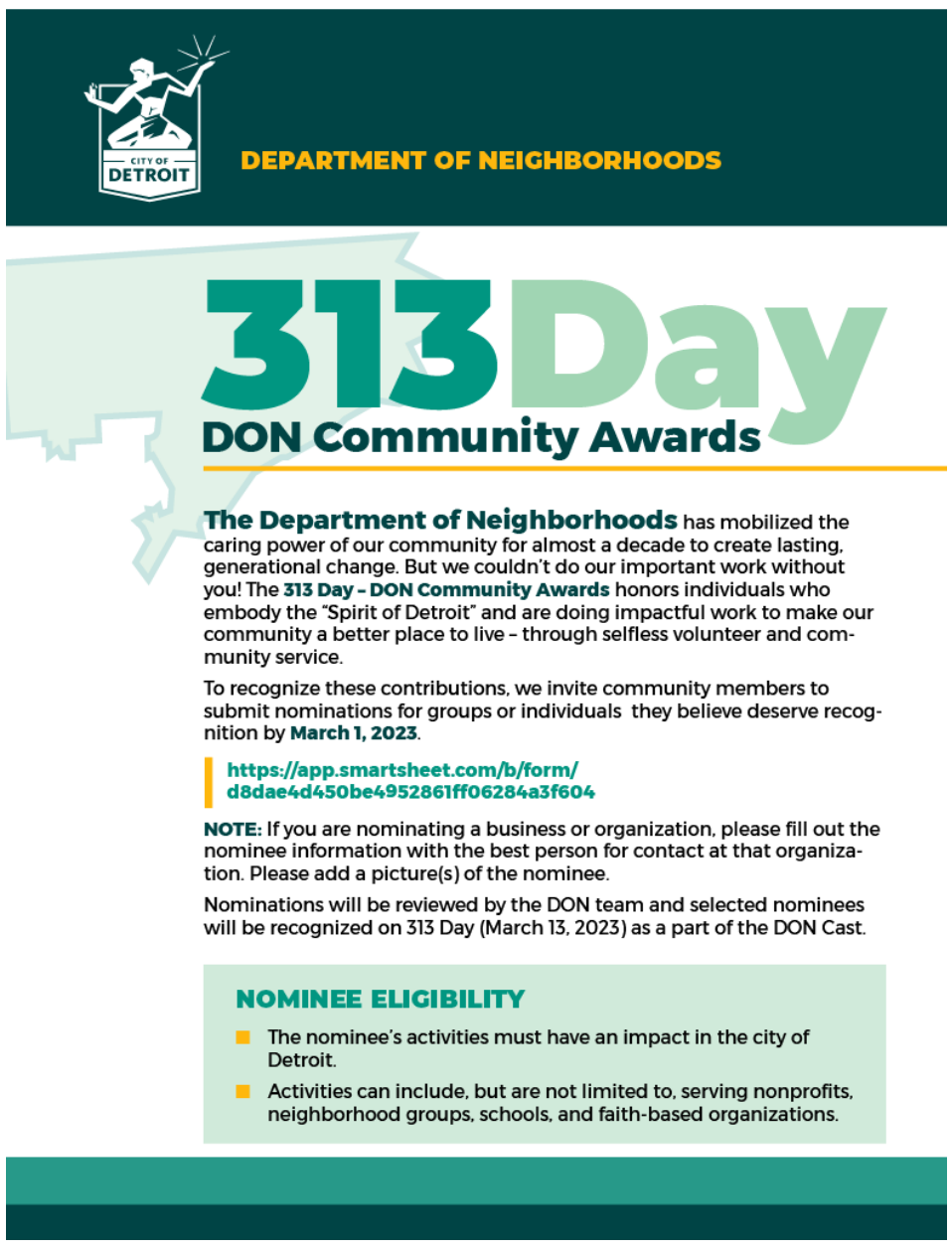
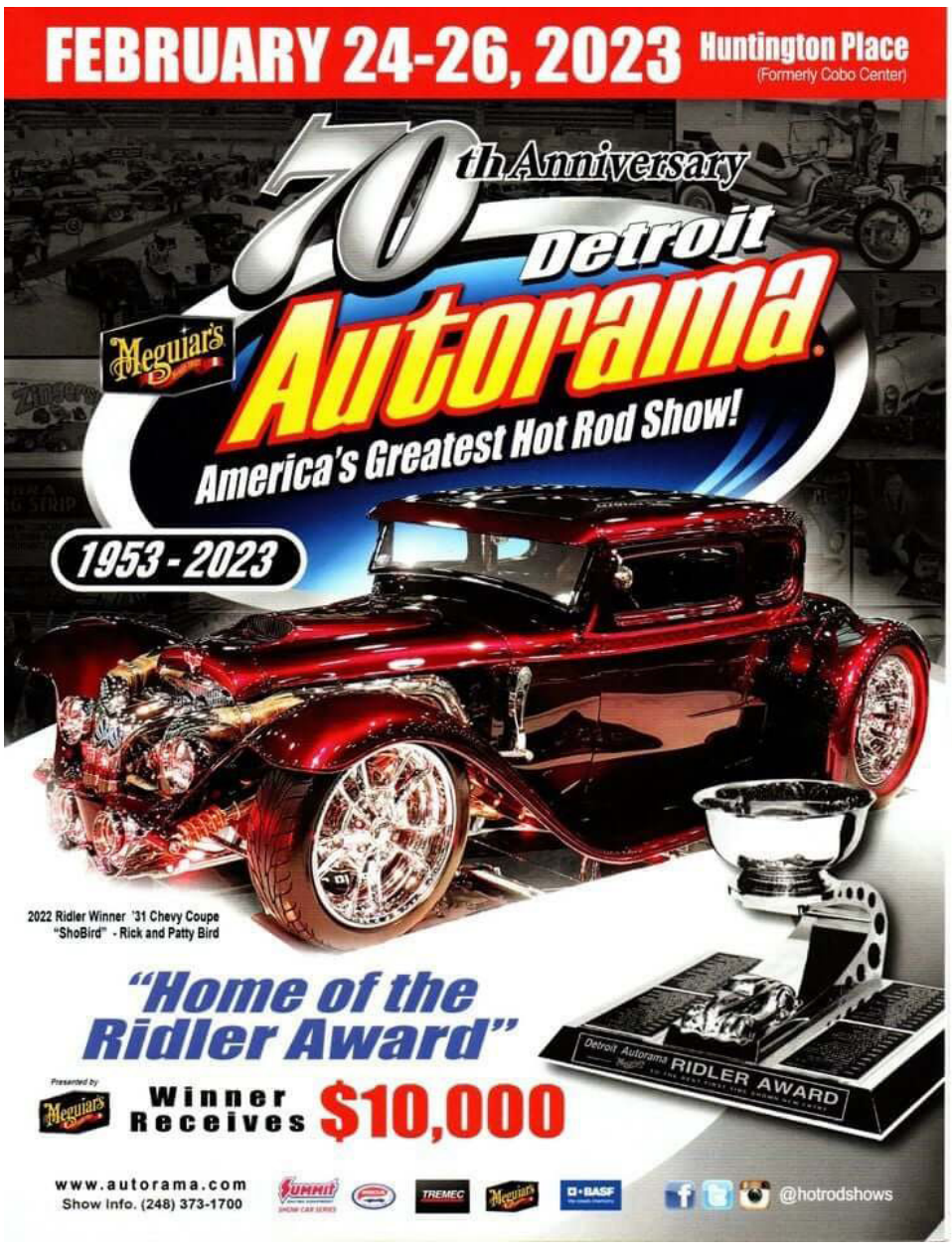

CITY OF DETROIT
DEPARTMENT OF NEIGHBORHOODS
313 Day
DON Community Awards
The Department of Neighborhoods has mobilized the caring power of our community for almost a decade to create lasting, generational change. But we couldn't do our important work without you! The 313 Day - DON Community Awards honors individuals who embody the "Spirit of Detroit" and are doing impactful work to make our community a better place to live - through selfless volunteer and community service.
To recognize these contributions, we invite community members to submit nominations for groups or individuals they believe deserve recognition by March 1, 2023.
https://app.smartsheet.com/b/form/d8dae4d450be4952861ff06284a3f604
NOTE: If you are nominating a business or organization, please fill out the nominee information with the best person for contact at that organization. Please add a picture(s) of the nominee.
Nominations will be reviewed by the DON team and selected nominees will be recognized on 313 Day (March 13, 2023) as a part of the DON Cast.
NOMINEE ELIGIBILITY
The nominee's activities must have an impact in the city of Detroit.
Activities can include, but are not limited to, serving nonprofits, neighborhood groups, schools, and faith-based organizations.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2023

Rosa Parks Scholarship Foundation

CALL FOR SCHOLARS

The Rosa Parks Scholarship Foundation offers a $2,000, non-renewable scholarship to graduating seniors. Winners are selected on the basis of scholarship, leadership, financial need, and dedication to the civil rights principles of Rosa L. Parks, whose historic stand against racial prejudice in 1955 brought her national recognition. The Foundation was established in 1980 to provide equal-opportunity scholarships to Michigan high school seniors.

Applicants Must:

- Graduate by August 2023
- Have a GPA of 2.5 or above
- Complete application form and essay
- Document community activities
- Furnish offical copies of high school transcript
- Provide two (2) letters of recommendation
- Confirm admission to a university or college prior to August 2023

HOW TO APPLY

The application for the **2023 Rosa Parks Scholarships** ($2,000) is now available on our website: **rosaparksscholarship.org**

The application is also available at the link below:
https://survey.alchemer.com/s3/7135462/RP-Application-2023
(Click on the above links or copy & paste into your web browser)

The deadline for filing is March 1, 2023

Scholarship winners will be announced in mid-May.

Rosa Parks Scholarship Foundation | 5191 Ona Lake Drive, White Lake, MI 48383 | e: info@rosaparksscholarship.org | w: rosaparksscholarship.org

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